



**We offer competitive compensation and benefits to our fellows.**

### **Compensation**

- PGY1 - \$60,000

### **Benefits**

- Two weeks paid vacation per academic year.
- One week paid educational leave.
- Health insurance, and vision and dental (optional).
- Malpractice insurance.
- Life insurance.
- Disability insurance.
- Retirement plan (optional).
- Free parking.
- \$1500 Personal Development stipend to attend conferences and other educational events.
- Certification and re-certification training in Basic Life Support (BLS), Advanced Cardiac Life Support (ACLS) and Pediatric Advanced Life Support (PALS).
- Lab coats.
- Discount meal program, with free on-call meals.
- Free access to fitness center on the campus of Penn Highlands DuBois.

**For further details contact:**

**Christopher P. Varacallo, DO**

Program Director, Sports Medicine Fellowship  
cvaracallo@phhealthcare.org

**Ryan Pasternak**

Sports Medicine Fellowship Coordinator  
rcpasternak@phhealthcare.org

# **SPORTS MEDICINE FELLOWSHIP PROGRAM**

*Penn Highlands Healthcare*



**Penn  
Highlands  
Healthcare**

**Sports Medicine  
Fellowship Program**

100 Hospital Avenue  
DuBois, PA 15801

[phhealthcare.org/sportsmedicinefellow](http://phhealthcare.org/sportsmedicinefellow)



**Penn  
Highlands  
Healthcare**



## SPORTS MEDICINE FELLOWSHIP

The Program has received Initial Accreditation from the Accreditation Council for Graduate Medical Education (ACGME) as of January 26, 2022.

The Penn Highlands Healthcare Sports Medicine Fellowship Program is a one-year program that provides opportunities for future physicians to be able to consistently and accurately evaluate, diagnose and manage patients presenting with primary care sports medicine illnesses and injuries.

The program accepts one new fellow who has recently completed a residency program in emergency medicine, family medicine, internal medicine, pediatrics or physical medicine and rehabilitation.

Opportunities include:

- Work alongside some of the best Sports Medicine physicians in the region.
- Learn during one-on-one time with attending physicians.
- Receive hands-on training in the sports medicine clinic.
- Provide on-site sports care, inpatient care and non-sports ambulatory care.
- Work with athletic programs at the high school, college, and semi-professional level.
- Complete scholarly activities.
- Participate in clinical discussions, rounds, journal clubs and conferences.

With a competitive benefit package, comfortable and safe communities and the beauty of the Pennsylvania Wilds, there is not a better place to continue your medical career!

### Important Facts About Penn Highlands Healthcare

- An eight-hospital system with one mission: to improve regional access to primary care and advanced health service, while supporting quality of life for our community members.
- Community teaching hospital.
- One-on-one training with attending physicians.

Between 2018 and 2022, Penn Highlands Healthcare is implementing a \$111 million Master Facilities Plan designed to enhance access to critical services and advanced care for the residents of Northwestern/Central and Southwestern Pennsylvania.

The Master Facilities Plan triggers more than eight major expansion and renovation projects to modernize, improve and expand upon the services we offer patients at our eight hospital campuses and numerous outpatient facilities in the 39-county region we serve. They include a Behavioral Health Hospital, Level II Trauma Center and Centers of Excellence for orthopedics, pediatrics and women's health.



The Penn Highlands Sports Medicine Fellowship Program offers a comprehensive curriculum which prepares graduates for a broad scope of practice.

### Required conferences, seminars and/or workshops that augment fellows' clinical experience:

- Concussions
- Physical Rehabilitation.
- Physical Examination.
- Foot/Ankle Injuries.
- Neurologic Treatments.
- Joint Injection.
- Surgical Evaluation and Treatment.
- Sideline Evaluation and Treatment.
- Hand Injuries

