

Penn Highlands Healthcare Inpatient Rehabilitation Centers

Caring.
Restoring.
Advancing.

Acute Inpatient Rehabilitation Program

About Our Program

The Inpatient Rehabilitation Center of Penn Highlands DuBois and Penn Highlands Mon Valley are licensed inpatient rehabilitation hospitals in the Northwestern and Southwestern regions of Penn Highlands Healthcare. Our superior patient outcomes, award-winning services and consistently high patient satisfaction ratings are a point of pride among our staff and our community.

Our acute inpatient rehabilitation program uses a multidisciplinary approach to help you recover from surgery, traumatic injury or a debilitating disease. Your attending physician specializes in Physical Medicine and Rehabilitation, and will oversee your treatment. Other team members include our dedicated staff of nurses, physical and occupational therapists, speech and language pathologists and other specialists as needed.

We are committed to helping you regain the highest degree of functional mobility, independence and quality of life possible. We do this by tailoring an inpatient therapy program to meet your specific needs and abilities, and partnering with you to achieve your goals.

PENN HIGHLANDS DUBOIS

100 Hospital Avenue, DuBois, PA

814-375-3053 clinical admissions liaison

814-375-3050 nurses station

814-375-3029 fax

PENN HIGHLANDS MON VALLEY

1163 Country Club Road, Monongahela, PA

724-258-1501 phone

724-258-1771 fax

www.phhealthcare.org/inpatientrehab

Inpatient Rehab Vs. Outpatient

Our inpatient rehabilitation program means you will stay here for the duration of your treatment. This allows for intensive therapy and comprehensive care as you work with physical therapists and other health professionals a minimum of three hours each day. Your treatment program takes place in a safe, supervised, medically monitored environment.



In an inpatient rehab program, expect to stay for a few days up to a month or more, depending on your needs. When you are ready, we can help you find a conveniently located outpatient rehab program so you can continue your recovery if needed.

Admission Criteria for Inpatient Rehabilitation Services

To be admitted to our inpatient physical therapy and rehabilitation program, you must meet certain guidelines.

- Have a qualifying diagnosis.
- Require multiple therapies, such as physical therapy, speech therapy and occupational therapy.
- Be motivated and able to tolerate at least three hours of therapy per day, five days a week.
- Be referred by a medical professional who believes you can improve and return to your prior level of functional status.



Penn
Highlands
Healthcare

**Acute Inpatient
Rehabilitation Center**

Advanced Medicine. Here.