

SERVICE AREA

HOME HEALTH SERVICES:

- Armstrong
- Blair
- Cambria
- Cameron
- Clearfield
- Centre
- Clarion
- Elk
- Forest
- Huntingdon
- Jefferson
- McKean
- Potter

HOSPICE SERVICES:

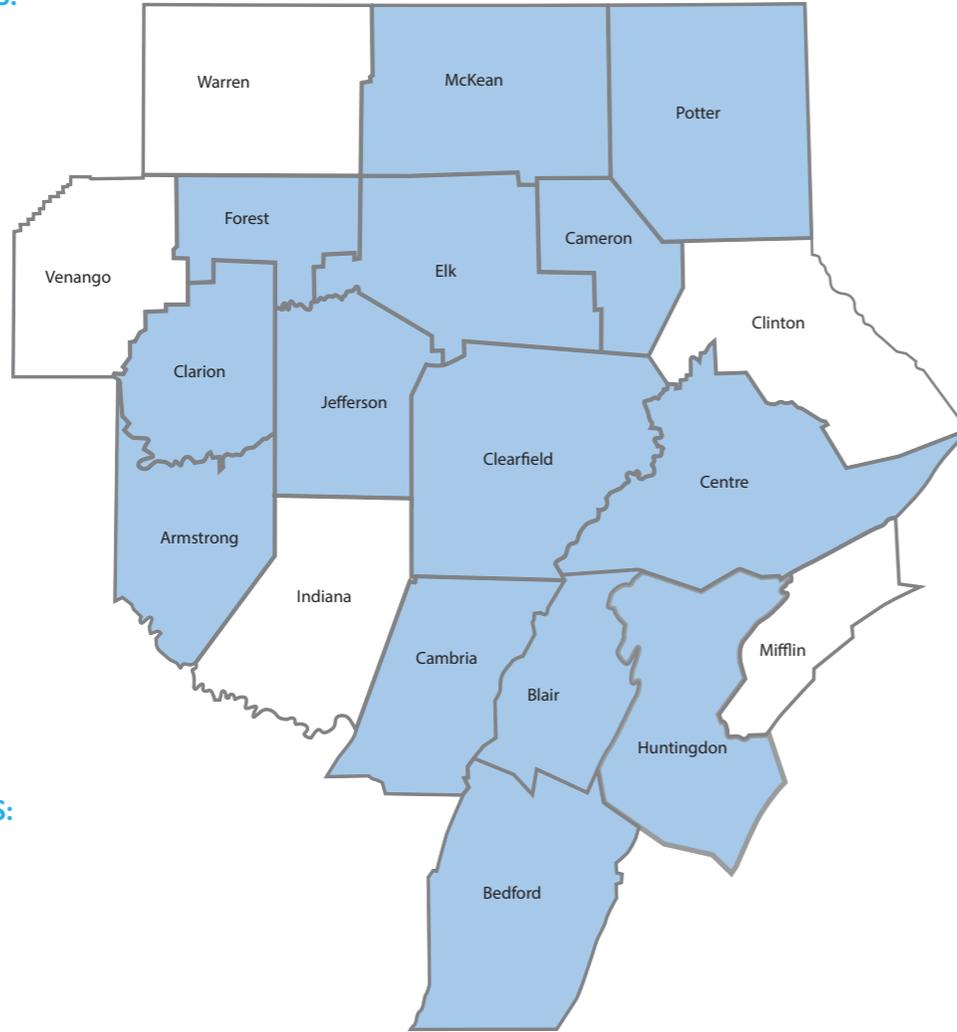
- Cambria
- Cameron
- Centre
- Clearfield
- Elk
- Jefferson
- McKean
- Potter

PRIVATE DUTY SERVICES:

- Bedford
- Cameron
- Centre
- Clearfield
- Elk
- Jefferson
- McKean

Services Coming Soon to these counties:

Indiana and Mifflin



Home Health & Hospice Services
Medicare-Certified and State Licensed Services

Private Duty / Home Support Services
State Licensed Services

We make it easy for you to refer your patients.
For referrals or inquires about services
call Penn Highlands Community Nurses at:

800-841-9397
800-843-9620 fax

Penn Highlands Community Nurses provides quality home health care and hospice services regardless of race, religion, creed, national origin, ancestry, age, sex, life style, value/belief system, handicap (as defined by law) or financial status.

For Hearing Impaired: You can dial 7-1-1 to reach the Pennsylvania Telecommunications Relay Service (PA TRS) 24 hours a day, everyday.

www.phhealthcare.org/communitynurses

February 2021

PENN HIGHLANDS COMMUNITY NURSES

Services Overview

*Home Health & Hospice
Private Duty / Support Services
Adult Day Care*



HOME HEALTH & HOSPICE

Penn Highlands Community Nurses is a non-profit, non-discriminating agency that provides exceptional home care, hospice services and home support services to patients of all ages.

PROFESSIONAL NURSING CARE

Our professional nursing staff develops an individual plan of care for each patient, combining traditional nursing care with high-tech services.

TRADITIONAL NURSING CARE

Provides in-home skilled medical services, medication monitoring, and patient and family education.

SPECIALIZED NURSING CARE

Offers services such as intravenous therapy and specialized nursing services:

- Certified Wound Care
- Diabetes Education
- Cardiac Care
- Pediatric Nursing
- Maternal/Child Health
- Congestive Heart Failure/CHF Program
- COPD Program

HOME HEALTH AIDES

Home Health Aides provide personal care services under the direction of a skilled professional.

REHABILITATION

Our licensed therapists offer physical, speech and occupational therapy in the comfort of your home.

DIETITIAN/NUTRITION COUNSELOR

Counseling in the home, evaluation of patients and consultation with professional staff.

SOCIAL SERVICES

Assistance with the social, emotional, and financial issues that patients and families may encounter when they need home health services.

HOSPICE

When terminally ill patients choose to live their remaining days in the comfort of home, or their nursing home residence, our Hospice team provides a total program of medical, emotional and spiritual care under the guided care of the patient's physician. Our Medicare-Certified Hospice services are on call 24 hours a day, everyday.

TELEHEALTH

Home telehealth monitors are used to record blood pressure, blood sugar, weight, oxygen level and pulse in addition to regular scheduled home nursing visits to help closely manage a patient's health status. Results are electronically transmitted back to our office on a regular basis for earlier detection of potential health problems.

SUPPORTIVE CARE / PALLIATIVE CARE

Providing extra support to patients with advanced illnesses and their families who face unique challenges, like frequent trips to the hospital or doctor's office for the management of pain and other symptoms. The goal of Supportive Care is to ease these challenges.



PRIVATE DUTY / HOME SUPPORT & ADULT DAY

PRIVATE DUTY/SUPPORT SERVICES

These in-home services help the elderly or disabled remain independent and safe in their homes. Services are provided on an hourly basis, 24 hours a day, 7 days a week. Fees are based on a reasonable hourly rate and may be paid by the client or by special government programs for qualified persons.

Personal Care: Bathing assistance, hair care, mouth care, dressing, shaving, feeding, assisting with walking and moving from bed to chair.

Home Management Services: Preparing and serving meals, changing bed linens, light cleaning, dishwashing, laundry and trash removal.

Respite Care: Aides provide relief for caregivers by staying with your loved one and offering a break from care giving duties.

Nursing Services: Personalized nursing care: medication administration, injections, pedicures, catheter care, urine collection, I.V. therapy, enemas and dressing changes.

ADULT DAY SERVICES

An activity-oriented, medically-supervised day program for people 60 and older with a physical or mental impairment offering affordable care and respite for caregivers. The Adult Day Center in St. Marys is open 7:30 AM to 5:00 PM, Monday through Friday, except holidays.
