## Referrals To Behavioral Health Services

The Psychiatric Admissions Department is available 24/7 to provide assessments by trained mental health staff for inpatient placement or can provide a referral for Outpatient services. Direct referrals can be made directly to the Psychiatric Admissions Department by Emergency Departments, County Crisis Agencies, and Case Managers, provided that sufficient clinical information is available. If admission is indicated, the referred patient must be medically cleared and admitted through an Emergency Department.

For more information or to make a referral, please call us at 814-375-6353.



Behavioral Health Services at Penn Highlands Healthcare

#### PENN HIGHLANDS CONNELLSVILLE

40 I E. Murphy Avenue | Connellsville, PA

• Inpatient Behavioral Health Therapy Services

#### **PENN HIGHLANDS MON VALLEY**

1163 Country Club Road | Monongahela, PA

• Adult Inpatient Behavioral Health Services

For more information or to make a referral, please call us at 814-375-6353.

www.phhealthcare.org/bhs

# Behavioral Health Services

Penn Highlands Healthcare Southwest Region





## Sometimes, We Are Hurting – But Not in a Physical Way.

You don't have to struggle alone. Penn Highlands Healthcare is proud to offer specialized and comprehensive adult inpatient care.

Using a multidisciplinary approach, we offer psychiatric evaluation, medication management, psychological assessment, and individual and family psychotherapy. Our skilled team consists of psychiatrists, psychologists, a neuro-psychologist, physician assistants, nurse practitioners, licensed clinical social workers and licensed professional counselors at each hospital.

#### **WE OFFER:**

- Addiction Medicine
- Adult Inpatient Behavioral Health Services
- Medication Management

We accept many commercial insurances, Medicare, Medicaid, HMOs and managed care.

For more information or to make a referral, please call us at 814-375-6353.



### **INPATIENT SERVICES**

#### **Adult Inpatient Program**

Our adult inpatient programs in Connellsville and Monongahela specialize in the treatment of emotional and behavioral difficulties experienced by individuals 18 years or older. These units operate 24/7 and feature both private and semi-private bedrooms as well as living, dining and recreational areas. Intensive psychotherapies, nursing and educational services aim to re-establish emotional and cognitive stability, enhance self-confidence, instill and reinforce coping capabilities and initiate a plan of post-hospital care to complete and sustain recovery.

#### Conditions treated:

- Depression
- Schizophrenia
- Suicidal threats and/or actions
- Bipolar disorder
- Excessive fears and anxiety
- Acting out or dangerous behaviors
- Confusion or mental status changes
- Compulsive disorders
- Hallucinations and delusions
- Behavioral disturbances and problems associated with dementia
- Paranoia

### **Substance Recovery**

The CNX Foundation Substance Recovery Unit at Penn Highlands Mon Valley provides withdrawal management and treatment services for people experiencing substance use disorders that need the highest level of care. It is the only unit in a four-county area that provides a continuum of care for people with substance use disorder who have other medical conditions.

The unit includes, a safe and supportive environment; 24-hour access to the hospitalists Emergency Department, Cardiac Care Unit, Behavioral Health Unit, Medical Imaging and Lab; 14 private rooms; seven ligature resistant rooms; two ADA rooms; Group Therapy Rooms, an Activity/ Dining Room; a Quiet Activity Room; Family Interaction Room.